Southwest (SW) Behavioral Risk Factor Surveillance Survey (BRFSS) Region

2004 Diabetes Statewide and BRFSS Regional Fact Sheets Using 2003 data

	SW BRFSS Region Rate	State Rate
$M_{ortality^1}^*$		
Diabetes as the underlying cause of death	23.3/100,000	26.9/100,000
$oldsymbol{H}^{ospitalization^{1^*}}$		
Diabetes (based on inpatient hospital discharges)	14.4/10,000 ^L	16.9/10,000
Preventable Hospitalizations from diabetes among those less than 65 years old (based on acute care hospital discharges)	7.9/10,000	8.7/10,000
Emergency Room Visits ^{1*}		
Primary Diagnosis	1.4/1,000	1.5/1,000
${\sf P}_{\sf revalence\ of\ Diabetes^{2\dagger}}$		
Total	9.3%	6.9%
Race/ethnicity		
White Non-Hispanic	9.6%	6.8%
Black Non-Hispanic	##	6.8%
Other Non-Hispanic	##	8.3%
Hispanic	##	11.6%
Age		
18-24	##	.30%
25-34	3.6%	1.3%
35-44	5.3%	3.6%
45-54	1.3% ^L	7.1%
55-64	12.1%	12.9%
65-74	25.1%	15.8%
75+	31.1%	15.6%
Annual Household Income		
<\$15,000	12.3%	13.5%
\$15,000-24,999	15.0%	9.1%
\$25,000-49,999	7.2%	6.0%
>\$50,000	4.1%	4.0%
Employment Status		
Employed	4.0%	4.1%
Unemployed	##	1.8%
Other	6.5%	2.9%
Retired	25.8%	16.2%
Disabled	17.4%	21.5%



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SW BRFSS Region

	SW BRFSS Region Rate	State Rate
Prevalence of Diabetes Continued ^{2†}		
Educational Attainment		
<high school<="" td=""><td>19.2%</td><td>11.3%</td></high>	19.2%	11.3%
High School Graduate	10.0%	7.3%
Some College or Technical School	6.2%	6.5%
College or Technical School Graduate	4.8%	4.9%
Preventive Care Practices among people with physician dia	ignosed diabetes ^{2†}	
At least 1 Physician Visit for Diabetes in the last year	82.1%	90.2%
A1C test: 2 or more times in last year	62.3%	77.5%
Annual Eye exam	66.3%	67.2%
Annual Foot Exam by a Health Care Professional	64.8%	75.1%
Diabetes education: ever	47.5%	54.5%
Annual Flu Immunization	70.3%	60.2%
Pneumonia Immunization	56.7%	51.0%
Risk Factors for complications among those with physician d	iagnosed diabetes ^{2†}	
Overweight (BMI 25 to <30)	53.0%	40.4%
Obese (BMI 30+)	30.8%	44.0%
Physical Inactivity (no physical activity)	35.8%	60.1%

indicates that the prevalence or rate is not significantly above or below state prevalence or rate

indicates that the prevalence or rate is significantly above the state prevalence or rate

indicates that the prevalence or rate is significantly below the state prevalence or rate

^{2† 2003} Missouri Behavioral Risk Factor Surveillance System. Office of Surveillance, Evaluation, Planning, and Health Information. Division of Community and Public Health, Missouri Department of Health and Senior Services.



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^{*}Rates are age adjusted to the 2000 U.S. standard population

[†]Respondents are 18 years of age or older with physician diagnosed diabetes ## Prevalence information not available (insufficient sample size to generate statistics)

^{1*} Missouri Information for Community Assessment. (2005). http://www.dhss.mo.gov/MICA/. Retrieved August 3, 2005.